

Van Arty Association and RUSI Van Members News Jan 18, 2022

Newsletters normally are emailed on Monday evenings. If you don't get a future newsletter on time, check the websites below to see if there is a notice about the current newsletter or to see if the current edition is posted there. If the newsletter is posted, please contact me at bob.mugford@gmail.com to let me know you didn't get your copy.

Newsletter online. This newsletter and previous editions are available on the Vancouver Artillery Association website at: www.vancouvergunners.ca and the RUSI Vancouver website at: <http://www.rusivancouver.ca/newsletter.html>. Both groups are also on Facebook at: <https://www.facebook.com/search/top/?q=vancouver%20artillery%20association> and <https://www.facebook.com/search/top/?q=rusi%20vancouver>

Upcoming events – Mark your calendars (see Poster section at end for details)

- Jan 19** Wednesday 'Zoom' Lunch meeting
- Jan 26** Wednesday 'Zoom' Lunch meeting
RUSI (NS) - Arctic Maritime Security (see poster)
- Jan 27** With a Few Guns Web Event

Note: Still no word on when facilities at the Armoury will open to non-serving people but you can be sure that the military will be the last to remove COVID restrictions. Keep watching this newsletter for more information. With the new surge, it will probably be 2-3 months before we see any changes in policy. Ed.

With a Few Guns Web Event

**The RCA Association invites you to register for their upcoming Web Event on 27 January 2022 at 7pm ET. Calling all Canadian Gunners Who Served in Afghanistan:
We Can't Write Our Story Without You**



The complete story of Canadian Gunners in Afghanistan has never been told – until now. *With a Few Guns* is the first-ever attempt to capture The Royal Regiment of Canadian Artillery taking the fight to the enemy in a far-away land. This isn't going to be your "average" history replete with maps and tales told from a Headquarters far removed – it will be the in-person, detailed account from Gunners of all ranks across the battlefield. Here you will learn

hard truth from the Gunline, UAS Operators, the FOO Party, and all others who served at the sharp end of Canada's longest conflict, spanning everything from the initial deployments to Kandahar all the way to the completion of the training mission in Kabul. From 2001 to 2014, *With a Few Guns* will capture how the Kings of Battle were a proven force-multiplier of highly professional soldiers, that fought under terrible conditions when their Nation called upon them.

We can't write the seminal story of The Royal Regiment of Canadian Artillery in Afghanistan without you – the Gunners who were there. To that end, **the *With a Few Guns* team will be holding a Web Event via Zoom on the 27th of January 2022 at 1900 hrs EST**, and they are actively looking for your participation, story, and feedback. All the pre-conditions for success have been met – we have some of the most accomplished writers in Canada on our team, comprised of Brian Reid, Wolf Reidel, and Mark Zuehkle ably supported by Kevin Smith, who will give you a 30 minute update on where the project currently sits. From there, they will be looking for your thoughts, opinions, and feedback to ensure that they tell the full story of our Regiment.



Let us tell your story! Register now to join the With a Few Guns Web Event!

CF Officer Calls for a Probe into a Ground Zero 'COVID' Outbreak

at Wuhan forces games TWO MONTHS before world was alerted to the 'mysterious new illness'.

- Long-serving officer among many athletes who fell sick with debilitating illness
- They had attended the World Military Games in Wuhan in 2019
- He fears he was at 'Ground Zero' of Covid and has demanded investigation

Ian Birrell for The Mail on Sunday 8 January 2022

A Canadian military officer who fears he was at the 'Ground Zero' of Covid two months before China officially acknowledged the virus has demanded an investigation into the suspicious outbreak of illness there. The long-serving officer, who cannot be named as he is still in the forces, was among the scores of athletes who fell sick with a debilitating illness after attending the World Military Games in Wuhan in October 2019. He said foreign competitors found the city of 11 million people 'like a ghost town', and so many cases of a mysterious virus afflicted the Canadian team that a quarantine section was set up on their military flight back home. The officer, who is still suffering from the effects of his illness despite previous high levels of fitness, said a military-appointed doctor later said he almost certainly caught Covid. His revelations fuel concerns the Chinese government covered up the outbreak – with devastating consequences. The

Beijing regime says the first confirmed case was December 8, three weeks before the World Health Organisation was tipped off by sources in Taiwan. Several European athletes attending the Games, which attracted more than 9,000 competitors from 100 countries, have said they developed Covid-like symptoms in Wuhan. Reports also suggested Iranian participants died soon after returning home.



The long-serving officer, who cannot be named as he is still in the forces, was among the scores of athletes who fell sick with a debilitating illness after attending the World Military Games in Wuhan in October 2019. Pictured: The Canadian delegation

'I'm 100 per cent convinced the virus was present in Wuhan when we were there,' said the Canadian officer. 'The burden of proof is on the scientific community and intelligence experts to prove – not for athletes. 'I accept I am not a scientist and it might not be Covid, but why does everyone seem so reluctant to investigate properly?' 'It feels like we were present at Ground Zero of this pandemic that has had such impact on everyone's life, with millions of deaths and economies shut down, so why not carry out due diligence. Are the facts just too big to handle?' The claims circulating around the team about the virus being present during the Games were rapidly denied by the top doctor in Canada's armed forces. Yet one well-connected Canadian source told me their intelligence experts suspect the pandemic might go back to a lab incident in Wuhan, which is home to several research centres studying bat coronaviruses.

The claims circulating around the team about the virus being present during the Games were rapidly denied by the top doctor in Canada's armed forces. Yet one well-connected Canadian source told me their intelligence experts suspect the pandemic might go back to a lab incident in Wuhan, which is home to several research centres studying bat coronaviruses. Pictured: File image of Chinese virologist Shi Zhengli inside the P4 laboratory in Wuhan



The whistleblowing military officer said the 168-strong Canadian delegation arrived in Wuhan on October 15 to find the city empty. 'There were skyscrapers as far as you could see but all the schools

were shut, the cranes were not moving, there were hardly any cars and almost no one around,' he said. 'When team members asked about the deserted streets, they were told it was for their benefit. But I've been to previous Military Games and never seen this – and we were only 9,000 athletes in this big city.' He said that after eight days, Canadian athletes began feeling sick with flu-like symptoms such as fever, nausea and exhaustion. 'I started to get symptoms just before the end of the Games. There were so many cases that a large portion of the plane back had to be quarantined for the sick.' He felt so terrible that, driving home from the airport, he had to stop for three days to crash out at a hotel – and was wiped out for six weeks. Almost two years later, he says he is still suffering from what he thinks is long Covid.



As soon as news of the pandemic began to emerge in early 2020, many athletes started discussing among themselves if they had been early victims of the new virus. Pictured: The opening ceremony

As soon as news of the pandemic began to emerge in early 2020, many athletes started discussing among themselves if they had been early victims of the new virus. Yet no serology (serum) tests for antibodies were carried out, despite fears being raised with military doctors. On January 22, MGen Andrew Downes, Surgeon-General of Canada's armed forces, sent a memo telling competitors their risk of having caught Covid in Wuhan was 'negligible' since they had left the city 'well before the virus had begun circulating'. The Canadian armed forces said there was no awareness of the virus at the time of the Games and 'there have not been any Covid-19 cases identified among this group'. However, testing for the disease was unavailable in Canada until January 2020, so participants were not checked on their return. The whistleblower said MGen Downes's memo was followed by an email from the public affairs department ordering them not to talk publicly about their concerns. He admits to discomfort in disobeying such orders, but believes he has a public duty to speak out now.



Chinese soldier athletes attend the opening of the Military World Games in Wuhan in 2019

Jamie Metzl, a World Health Organisation adviser, said that although it could not be confirmed if the Games were an early super-spreader event, it was critical such leads were followed up. 'Until we know how this terrible crisis began, it would be unwise and self-defeating not to turn over every stone,' he said. 'It would shock most people to learn there has been no comprehensive international investigation into the origins of the pandemic. This is unacceptable and leaves the entire world and future generations at risk.' Last January, the US State Department said intelligence reports indicated researchers at Wuhan Institute of Virology 'became sick in autumn 2019' with symptoms 'consistent with both Covid-19 and common seasonal illnesses', although a review later ordered by President Joe Biden was inconclusive on the origins. The Canadian officer's story dovetails with claims by some athletes from France, Italy, Luxembourg and Sweden that they were infected with a virus at the event, as The Mail on Sunday first reported in May 2020. The UK did not enter the World Military Games. German volleyball player Jacqueline Bock said she and some team-mates fell ill in Wuhan. She added. 'I have never felt so ill. Either it was a very bad cold or Covid-19. I think it was Covid-19.' Italian fencer Matteo Tagliariol said he suffered a high fever, a bad cough and breathing difficulties after everyone in his Wuhan flat fell ill with symptoms that he says were the same as Covid-19.

'A number' of the 281 French participants fell ill, one anonymous athlete told a journalist soon after the Games. Pentathlete Elodie Clouvel, 31, later said she and her partner Valentin Belaud both became sick. The official line is that such reports are highly speculative and not backed by hard evidence. Tagliariol's claims were challenged later by a team-mate while Swedish pentathlete Melina Westerberg said that while several of her squad were sick at the Games, they tested negative for the virus. 'It was just a coincidence.' After the Games, US athletes returned to more than 200 military bases across the country. There were confirmed infections at 63 of them before the end of March 2020. Republican Congressmen trying to establish any link to the Games received no answers to letters they sent to senior government figures. But a law signed by President Biden last week includes a mandate to disclose the numbers infected in Wuhan. Ironically, the Chinese government has blamed US troops at the Games for taking Covid to Wuhan as part of a disinformation campaign to divert attention from its suppression of data.

Ottawa Could Decide This Year on Replacement of Our Aging CF-18s

A tale of two fighter jets — and what it means for Canada's defence and place in the world

Murray Brewster · CBC News · Jan 03, 2022



Gripen, a Swedish fighter aircraft, performs on the second day of Aero India 2017 at Yelahanka air base in Bangalore, India, in February 2017. Saab, based in Stockholm, offered the latest version of the aircraft as part of its pitch to sell Canada a new fleet of fighter jets.

(The Associated Press)

Canadians will get a better idea this year of which fighter jet the Liberal government intends to buy for the country's air force. The decision amounts to more than a simple choice between two expensive new aircraft: the American F-35 and the Swedish Gripen-E. It's expected to say a lot about how the federal government sees Canada's place in the world — whether it remains tied to a politically shaky United States or to a Europe that is determined to step out of Washington's defence shadow. Canada officially narrowed the field of bidders to two manufacturers on Dec 1 by excluding Boeing. The federal government told the US aerospace giant that its bid in the \$19-billion program to replace the country's CF-18s did not meet Ottawa's requirements. The federal government is expected this year to either select a winner and negotiate a contract or help the two remaining companies — US-based Lockheed Martin and Saab, with headquarters in Stockholm — improve their bids. The decision this year "will be a fork-in-the-road moment," said an expert in defence and military affairs.



The F-35 is manufactured by US-based Lockheed Martin, one of two remaining companies bidding in the federal government's \$19-billion program to replace Canada's CF-18 fighter jets.

(Murray Brewster/CBC)

"If we buy the F-35, we would be more intricately embedding ourselves in an American military alliance, which we have been a part of for decades, but acquiring that particular aircraft would take that relationship up a couple of notches in a couple of different ways," said David Perry, a senior analyst and vice-president of the Canadian Global Affairs Institute based in Ottawa. If the Swedish aircraft is chosen, it would be the first time in almost half a century that Canadians have flown something other than an American-designed warplane. And going to Europe to buy the next fighter jet would be stepping outside decades of alignment with the US, particularly when it comes to continental defence, Perry said — which could lead to repercussions for the bilateral relationship between Canada and the US. "I don't think the United States government would be very enthused to see us operating a non-American aircraft for the first time since ... the Spitfire," he said with a chuckle. Perry's assessment is close. The Royal Canadian Air Force flew the Spitfire, a British warplane, in the 1940s. The last European-designed warplane flown by Canada was the British de Havilland Vampire, a jet fighter that was retired in the late 1950s. Canadian

pilots also flew the home-grown CF-100 Canuck up until the 1980s in a mixed fleet that included a bevy of American designed warplanes. Aside from history coming down on the side of the Americans, another defence expert said modern alliances and rapidly evolving technology will weigh heavily in their favour.

Stéfanie von Hlatky, an associate professor and defence policy expert at Queen's University in Kingston, Ont., says she thinks the selection of the F-35 'is more of a foregone conclusion.' (Nishelle Walker)



"When I saw it narrowed down to the F-35 and the Gripen, I really felt that now the F-35 is more of a foregone conclusion," said Stéfanie von Hlatky, an associate professor and defence policy expert at Queen's University in Kingston, Ont. Sweden is not among Canada's longtime defence partners, she added, and when you look at who the military might be partnered with in future multinational operations, "it will make it hard to choose something other than the F-35." It is a point Lockheed Martin has made repeatedly in its pitch to the Canadian government, calling the stealth fighter the most survivable, best value fighter. "As a cornerstone for interoperability with NORAD and NATO, the F-35 will strengthen Canada's operational capability with allies," Lockheed Martin Canada CEO Lorraine Ben said, referring to the North American Aerospace Defence Command and the North Atlantic Treaty Organization. "The F-35 gives pilots the critical advantage against any adversary, enabling them to execute their mission and come home safe." Among the most crucial interoperability aspects being touted is the ability of F-35s from different nations to seamlessly share data with each other, as well as ground stations and warships. The fighter also has the ability to link with so-called fourth-generation fighters, which the Gripen-E is considered.

One of the other major interoperability considerations is how the choice of the new fighter will affect NORAD, the decades-old pact between Canada and the US that is being renewed to meet newer and more sophisticated threats. Whether a Swedish-designed fighter would meet the stringent "two-eyes" security requirements of the partnership has been a matter of active debate — one that appears to have been resolved. "We are approved by the Canadian government," said Ander Hakansson, a former Gripen test pilot and Saab's deputy campaign director in Canada. "We have the same, or very similar, systems in our technical solution as the American aircraft." Being able to operate with allies and the capability of the aircraft are not the only deciding factors — and that is why Perry, of the Canadian Global Affairs Institute, is not prepared to write off the Swedish bid. "I don't share the view that this is done and dusted for Lockheed Martin," he said. The request for proposals allocated substantial points for economic benefit. The way the Joint

Strike Fighter program is structured, there is only so much the F-35 proposal can deliver in terms of benefits and offsets to Canadian industry because the aircraft's contracts compete and are spread out across the consortium.

Saab, on the other hand, is pitching that Canadian Gripens be assembled in Canada (at IMP Aerospace & Defence in Nova Scotia) and more importantly that all of the intellectual property rights for sustainment and operations become the property of the federal government. That by itself is a significant concession that would give Canada sovereign control over its fighter jet fleet in a manner that has not been seen in decades. "To have the capabilities in Canada [handled] by Canadians is a way to give Canada sovereign control over the system," said Stefan Nygren, Saab's campaign director in Canada. The competition, which has dragged on in fits and starts for years, has demonstrated that Canada has been willing to consider something other than a US warplane, Perry said. That is significant because following the political meltdown over the former Conservative government's plan to sole-source the F-35 a decade ago, there was deep skepticism among European aircraft-makers that their proposals would be considered. The decision by the Harper government was roundly criticized at the time by the auditor general, the parliamentary budget officer and the Liberal opposition of the day. Prime Minister Justin Trudeau went so far in 2015 as to promise that Canada would not buy the F-35 and that the savings would be plowed back into recapitalizing the navy.

Korean War Veteran's Recognized

TRI -CITY NEWS



Coquitlam resident, Mr Guy Black, advises that South Korea will be awarding Ambassador of Peace Medals to veterans of the Korean War from 1950-53 or it's peacekeeping phase which lasted until the end of 1955. Korea's Ambassador for Peace medals, unlike France's Legion of Honour Medals, may also be awarded posthumously. There is no cost involved. An email can be sent to either Korea19501953@yahoo.com and use the subject 'veteran', or send a letter to:

1028 Moray Street
Coquitlam, BC
V3J6S3

Mr Guy Black has helped more than 800 veterans receive these awards and is himself a recipient of the Medal of Civil Merit (Republic of Korea) and a former CAF veteran

Cameron Cathcart Youth Poem of Remembrance Award

A bursary has been established in Cam's name to generate funds annually for the Student Remembrance Day Poem. This will provide a bursary of \$250.00 to the winning poet each year. We invite you to become a donor to the Cameron Cathcart Youth Poem of Remembrance Award. Cam was a visionary and a true Canadian patriot. He was determined to tell the stories of this great nation in a creative and meaningful way. Among his many projects, Cam wanted to make sure that programs were established, aimed at our youth, to make them aware of the legacy our veterans have provided to Canadians because of their service.

In 2006 Cam decided a competition should take place annually in which young writers could submit poems with a Remembrance Day theme. A winner would be chosen, and the poem would be read at the November 11 Service. In recognition of the importance of this project, the Cameron Cathcart Youth Poem of Remembrance Award was established in 2021 through the generosity of a grant provided by Great Lakes Productions. The intention of the Bursary program is to raise \$20,000.00 to ensure this initiative continues in perpetuity.

Donations can be made to:

BC Regiment (DCO) Association Charitable Trust
682 Wilmot Street
Coquitlam, BC, V3J 6P4

All donations are eligible for federal tax receipts. Please join us in supporting this endeavor in the memory of Cam and to keep youth involvement a vital part of the Ceremony.

Vancouver Artillery Association Yearbook Updates

More Photos. It's time to use that rainy weather outside as an excuse to sort out your collection of old photos from our Regiment's past. Dust them off, scan them and send the to president.vcrgunners@gmail.com and I'll share them on the website with everyone.

Major Carl Seymour Gonnason MC diary – The last half of October 1916 has been posted. The Battery Commander of 60th Battery appears to have run into some issues and has been replaced. <https://www.vancouvergunners.ca/gonnason-diary.html>

Corporal Helmcken Diary – More details on the life of a Gunner in France has now been uploaded. Check for the updates here. <https://www.vancouvergunners.ca/helmcken-diary.html>

Still looking for volunteers to participate in the search of our regimental history? Send me an email to president.vcrgunners@gmail.com . Always looking for new members to the team.

VAA Virtual Lunch every Wednesday at Noon PDT - <https://zoom.us/j/710845848> - Drop in for 10 minutes or stay for an hour. Remember – Stay healthy and stay safe!

Dues 2022

As of Jan 1, 2022, dues for both the Vancouver Artillery Association and RUSI Vancouver are payable.

VAA

Dues payments for VAA 2022 are payable on 1 Jan 2022. Dues are \$25. Payment may be made by:- e-transfers to the treasurer at dj4loney@shaw.ca or by cheque to

Doug Loney

5-10736 Guildford Dr

Surrey BC V3R 1W6

RUSI Vancouver

Dues for 2022 are payable as of 1 Jan 2022. Dues are \$50 for regular members and \$25 for student members. Payment may be made as follows:-

e-transfer to the Treasurer at richmark@telus.net or by mail to –

Richard Dunn

1998 Ogden Avenue

Vancouver, BC V6J 1A2

Who (or What) Is It?

Last Week: This is a photo of a group of soldiers of the Royal Siamese Army, occupying part of Germany in 1919. The Siamese Expeditionary Force (also known as Siamese Volunteer Corps) consisted of the Royal Siamese Army sent to Europe in 1917 to help the Triple Entente fight in World War I. The assembled expeditionary force consisted of a 414-men-strong aviation corps of pilots and aircraft mechanics and an 870-men-strong motor corps of automobile drivers, mechanics, medical and support staff under the command of Major General Phraya Pichai Charnyarit. The main contingent of the motor corps stayed in the German region of the Palatinate from December 1918 until July 1919, operating primarily in the area around Neustadt. Before embarking for their return journey, Siamese troops participated in the victory parades the Allies organised in Paris, London and Brussels.



https://en.wikipedia.org/wiki/Siamese_Expeditionary_Forces

This Week: The quest for a new fighter for the RCAF continues, with rumours abounding that the ‘plane selected will once again put us at the very tip of NATO’s aviation sword. No, it’s not going to be a Swordfish, although we could probably purchase one for every person in the air

force, at least until the bidding process and Canadianization policies push that price up to a point where we can only purchase four, with two in storage. Of course, that's not going to happen as the "Stringbag" wasn't a fighter, and it's British, therefore not allowing US companies to get a piece of the pie, and it hasn't actually been manufactured for almost 80 years. Nonetheless, some of the designs of the past might yet offer some cutting-edge technologies and be cost-effective. Why not resurrect a successful aircraft of the past, update the avionics, electronics, weapons, pilots, etc., and come up with something that would make all mandarins happy. Actually, one needn't worry about the pilots, as they will all be retired by the time a replacement for the CF-18 is selected.



So, why not purchase a modern version of this week's pin-up? Well, the problem is that we don't actually know what it was. The nationality, even in black and white, is obvious to the cognoscenti, but possibly not the type. We therefore appeal to you in the know. Send your answers to the editor, Bob Mugford (bob.mugford@gmail.com), or the author, John Redmond (johnd._redmond@telus.net). Fly right!

From the 'Punitentary'

Why do skeletons stay so calm? Because nothing gets under their skin.

Murphy's Other Laws

If the uniform issued fits well, the colours won't match.

Quotable Quotes

It is during our darkest moments that we must focus to see the light. - *Aristotle*

RUSI(NS)-NORAD & USNORTHCOM - Distinguished Speakers



The
Royal United Services
Institute of Nova Scotia

&

USNORTHCOM
Command Magazine
"The Watch"

present

Distinguished Speakers

Commander

Corey Gleason &

1st Commanding Officer

HMCS *Harry DeWolf*

Captain

Alan McCabe

Chief of Response

US Coast Guard District 17



Arctic Maritime Security US Coast Guard and Canadian Navy Operations

1 pm Halifax time, Wednesday, 26 January 2022
via Zoom

(register through RUSINovaScotia@gmail.com)





Commander Corey L.E. Gleason MMM, CD

Hailing from Welland, Ontario, Canada, Cdr Corey Gleason enlisted the Royal Canadian Navy on 8 August 1985. He trained as a Naval Signalman in Esquimalt, BC, and was posted to HMCS PROTECTEUR in Halifax NS. While in Halifax he served in multiple ships, participated in many NATO exercises and was support staff to Standing Naval Force Atlantic.

In 1991 he moved to Maritime Forces Pacific to serve in the Training Squadron. While serving in Esquimalt BC he was crew to a series of classes of ships, highlighted by HMCS OTTAWA, where he deployed for Operation APOLLO in support of the war against terrorism as ship's Senior Naval Communicator. Throughout his time in the ranks, he proudly supported the ships he served by volunteering for secondary duties such as Ship's Team Diver and Boarding Party 2 I/C, making a conscious effort to enhance the capabilities of the ships he served.

Gleason commissioned from the ranks in November 2003 and on completion of formal officer training in College militaire royal de Saint-Jean, NOTC Venture and HMCS WHITEHORSE, he served as Deck Officer in HMCS CALGARY, Navigating Officer in HMCS BRANDON, HMCS VANCOUVER, REGINA and PROTECTEUR, and Combat Officer in HMCS OTTAWA.

Cdr Gleason took up his first command appointment to command HMCS YELLOWKNIFE. He proudly served as a roving Ambassador to the City of Yellowknife and the peoples of the North-West Territories and visited the City of Yellowknife multiple times.

Cdr Gleason took up his next appointment as Executive Officer in HMCS OTTAWA and immediately deployed to join the fight against the illegal distribution of narcotics in South and North America supporting Joint Interagency Task Force South.

Gleason's time in sea going units was interrupted twice by shore postings inland, but he generally remained on the wet list serving in Sea Training as Operations Officer and Executive Officer in between northern operations and studies with other government departments and allies.

After many years of sailing north in Canadian Coast Guard ships or with NATO allies, Gleason went north in the dead of winter as Captain of HMCS HARRY DEWOLF, executing cold weather trials and deploying again summer of 2021, circumnavigating North America via the North West Passage and the Panama Canal.

He and his spouse France Chalifour of Quebec City are tremendously proud to be part of naval history, following HMCS LABRADOR's historic journey in 1954. Cdr Gleason will continue his work and studies in the Arctic domain, as he accepts his next command appointment to Sea Training Patrol. Gleason and his spouse currently reside in Halifax NS where they have the honor and privilege to continue to serve the Royal Canadian Navy.



Captain Alan McCabe

Chief-Response Operations
Coast Guard District 17



Captain McCabe currently serves as the Chief of Response Operations for Coast Guard District 17 where he oversees operations across the entire Alaska region including the Arctic and the North Pacific High Seas. Capt McCabe most recently served as the Commanding Officer of USCGC MIDGETT (WMSL 757), the Coast Guard's newest National Security Cutter put into active service.

Captain McCabe has over 13 years of sea time, including past tours as Commanding Officer-USCGC MIDGETT (WMSL 757) in Honolulu, HI, Commanding Officer-USCGC SENECA (WMEC 906) in Boston, MA, Executive Officer-USCGC THETIS (WMEC 910) in Key West, FL, Commanding Officer-USCGC SANIBEL (WPB 1312) in Woods Hole, MA, Executive Officer-USCGC ROANOKE ISLAND (WPB 1346) in Homer, AK, Deck Watch Officer and First Lieutenant-USCGC ACUSHNET (WMEC 167) in Ketchikan, AK and Seaman-USCGC MIDGETT (WHEC 726) in Seattle, WA.

Captain McCabe's assignments ashore include serving as the Coast Guard Liaison Officer to the United States Senate, the Coast Guard Liaison Officer to Commander Naval Forces Europe/Africa and Commander Sixth Fleet in Naples, Italy, the Executive Assistant to the Director of Operational Policy at Coast Guard Headquarters in Washington, D.C. and the Fishery Enforcement Policy Officer and Admiral's Aide at District 17 in Juneau, Alaska.

Captain McCabe is a 1994 graduate of Montana State University where he graduated with a Bachelor of Arts degree in Political Science. He enlisted in the Coast Guard in 1997 and graduated from Officer Candidate School in 1998. He earned a Master's degree in Marine Affairs from the University of Rhode Island in 2003. Captain McCabe was selected as an International Fellow to the Abshire-Inamori Leadership Academy administered through the Center for Strategic and International Studies in 2010. Captain McCabe graduated with a Masters of Arts in National Security and Strategic Studies from the Naval War College in 2014 with a focus in operational planning through the Maritime Advanced Warfighting School.

His awards include four Meritorious Service Medals, four Coast Guard Commendation Medals, and the Coast Guard Achievement Medal along with various unit awards. Captain McCabe is married to Kimberly McCabe and they have two sons: Dylan and Finn.

Wednesday Digital Video Lunch

No need to worry about COVID-19 when you go digital. Pop into our video lunch **at noon** on Wednesdays and say hi. All you need is a laptop, tablet or smartphone. These sessions are being hosted by the Vancouver Artillery Association and are **open to all – especially those who attended our Wednesday lunches.** Join us to check up on your old lunch buddies.

<https://zoom.us/j/710845848>

Password:- Ubique



Zoom is the leader in modern enterprise video communications, with an easy, reliable cloud platform for video and audio conferencing, chat, and webinars across mobile, desktop, and room systems. Zoom Rooms is the original software-based conference room solution used around the world in board, conference, huddle, and training rooms, as well as executive offices and classrooms. Founded in 2011, Zoom helps businesses and organizations bring their teams together in a frictionless environment to get more done. Zoom is a publicly traded

company headquartered in San Jose, CA.

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Use the link above on your computer Zoom program or dial in on your phone:
(778) 907 2071 Meeting ID: 710 845 848

Invite 2 friends! We have room for 100! See you on Wednesdays at noon. Bring your own lunch and beverage of choice.

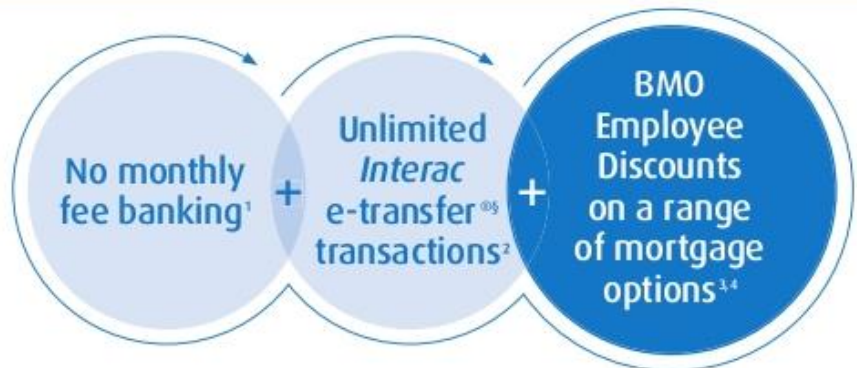
Bank of Montreal

The official bank of the Defence Community

Our strategy is simple –
Do more for you.



BMO is proud to be the official bank of the **Canadian Defence Community**, and to provide exclusive offers to you.



Mortgages

- BMO employee discounts on a wide range of mortgage options^{3,4}
- Flexibility to move or break your mortgage through the Integrated Relocation Program⁵
- 130-day mortgage rate guarantee – the longest of any major bank in Canada⁶



Bank Accounts

- Save money with a Performance Plan chequing account with no monthly fees¹
- Unlimited *Interac* e-transfer⁰⁵ transactions²
- OnGuard⁰⁸ Identity Theft Protection Service at no charge^{7,8}
- Keep the same accounts no matter how many times you relocate
- Access to CreditView⁰⁹ – the free, instant way to get your credit score⁹



Lines of Credit

- BMO employee discounts on unsecured and secured personal lines of credit³
- Student line of credit with preferential pricing and flexibility¹⁰

Credit Cards



- Choose the BMO Support Our Troops CashBack⁰¹¹ or AIR MILES⁰¹² MasterCard⁰¹³
- No annual fee¹¹
- Support Canadian Forces Morale and Welfare Services with every purchase you make
- Visit bmo.com/sot to find out about the welcome offers

Frequently Asked Questions

What is the Canadian Defence Community Banking (CDCB) Program?

BMO and Canadian Forces Morale and Welfare Services have teamed up to offer the CDCB Program to eligible members of the defence community and their families.

Who is eligible for the CDCB Program?

Program benefits are exclusive to regular force personnel, reserves, recruits, military families, Veterans and retirees, as well as Department of National Defence (DND) and Staff of the Non-Public Funds civilian personnel, the RCMP and the Canadian Coast Guard.

Can BMO help me if I am relocated or deployed?

One way BMO can help is by covering your prepayment charges when you are relocated or deployed through the Integrated Relocation Program, and have to move or break your mortgage.

How does Canadian Forces Morale and Welfare Services (CFMWS) get funded by the BMO Support Our Troops MasterCard[®] program?

BMO pays royalties to CFMWS each quarter. CFMWS uses the royalties to fund the Support Our Troops National Summer Camp Programs and more.

How can I get help with home financing?

Visit a branch, find a Mortgage Specialist at mortgagelocator.bmo.com or call 1-866-548-7490 or collect from overseas at 514-877-7738 to get help with home financing.

How much can I save in bank fees with the CDCB Performance Plan Chequing Account?

You can save \$191 each year in monthly plan fee, \$120 each year with 5 non-BMO ATM withdrawals included each month, and \$155 each year in Identity Theft Protection at no charge.¹²

How can I contact BMO to learn more about the CDCB Program?

- Visit any BMO branch
- Call 1-866-548-7490
- International customers can call collect at 514-877-7738
- Find us on Social Media

Visit us in branch or at bmo.com/cdcb to learn more.



Scan the QR code to get more information.



¹²The monthly Performance Plan fee is waived. You are responsible for all transaction, service and product fees not included for free in your Bank Plan. ¹The monthly Plan fee may still apply. Other transaction fees may apply if you have a Bank Plan that does not include unlimited everyday banking transactions. A cancellation fee may still apply when you cancel the transaction. ²Interac e-transfer[®] transactions are subject to maximum transfer dollar amounts. ³Applications to qualify for the CDCB special rates on 5-year fixed and 5-year variable rate mortgage, you must have a Canadian Dollar Primary Chequing Account (Chequing Account) with a CDCB Performance or Premium Plan; and set up the Chequing Account as the funding account for the BMO Mortgage; and have one (1) recurring direct deposit into the Chequing Account. ⁴Some conditions may apply. ⁵We guarantee your interest rate for the selected fixed rate mortgage type and term for up to 130 days from the rate guarantee start date. If the mortgage is not funded within the 130-day period, the interest rate guarantee expires. ⁶Applicable to residential mortgages only and subject to Bank of Montreal standard lending criteria for residential properties. Longest rate guarantee of any major bank as of November 18, 2020. ⁷Plan, transaction, service and product fees may still apply. ⁸You're eligible for OnGuard[™] if you are a BMO customer who has a lead account¹ with one of the following Bank Plans: Performance Plan, Premium Plan, Platinum Plan or Employee Plan. In addition, to qualify for OnGuard, you must be a Canadian resident who has reached the age of majority for your province or territory, and you must be registered for BMO Online Banking and/or Mobile Banking and you must have a valid email address on your BMO profile and your lead account must be in good standing. Customers with an eligible Bank Plan with the Kids or Teens discounted banking program do not qualify for OnGuard. All accountholders of a lead account with an eligible Bank Plan qualify for OnGuard[™] provided they meet the above-eligibility requirements. If you switch your lead account to an ineligible Bank Plan, then you will no longer qualify for the OnGuard[™] service. ⁹The lead account is the one you designate to pay any fees required by your Bank Plan, for example, your monthly Plan fees and transaction fees. ¹⁰OnGuard[™] retail value is \$155.88 annually (charged at \$12.99 per month). ¹¹OnGuard[™] is provided by Sigma Loyalty Group and Intersections Inc. Sigma Loyalty Group and Intersections Inc. Terms and conditions can be found at www.bmo.com/onguard/SIGconditions. ¹²CreditView[™] is a service provided to you by TransUnion. Using this service does not impact your credit score. This service is being made available to you as a customer of BMO ("Bank of Montreal") at no additional charge. ¹³You must be a Canadian citizen or landed immigrant enrolled in a Canadian or non-Canadian post-secondary school or university. Co-signer may be required. Subject to credit availability and verification of identity. ¹⁴Ongoing interest rates, interest-free grace period, annual fees and all other applicable fees are subject to change. Cash advances include balance transfers, cash-like transactions and Mastercard cheques. Visit your branch, call the Customer Contact Centre at 1-800-263-2263, or visit bmo.com/rates-fees for current rates and fees. ¹⁵The monthly Performance Plan fee is waived. You are responsible for all transaction, service and product fees not included in the Performance Plan. Some non-BMO ATMs may charge you a convenience fee. The convenience fee is not a BMO fee and is added to the total amount of your withdrawal. You are responsible for the convenience fee that may be applied to your transaction.

¹⁶Registered trademark of Bank of Montreal. ¹⁷Interac e-transfer is a registered trademark of Interac Inc. ¹⁸OnGuard is a service of Sigma Loyalty Group. OnGuard[™] is a trademark of Sigma Loyalty Group Inc. Identity Guard[™] is a registered trademark of Intersections Inc. ¹⁹CreditView is a trademark of TransUnion LLC. ²⁰MasterCard is a registered trademark, and the circles design is a trademark of Mastercard International Incorporated. Used under license.