



Van Arty Assoc and RUSI Van Members News April 22, 2014

Wednesday Lunches

The Mess has downgraded the dress requirements for Wednesday lunches to Business Casual. Business casual can best be described as our 'summer dress'. Minimum requirement is an open neck button up shirt with dress pants or slacks (no blue jeans, pls). Of course we never discourage the wearing of jackets and ties.

NOABC Monthly Lunch Speakers - April 30

Stuart Gold, Submarine Rescue Specialist

Schooled in Edinburgh, Scotland, Stuart Gold worked in the oil and gas business as an ROV (remotely operated vehicle) pilot and spent nearly 20 years working with the UK submarine rescue team. He attended the Russian submarine Kursk disaster in the Barents Sea, where 128 submariners lost their lives, and was team leader for the team, which flew halfway around the world to rescue 7 submariners from the mini-sub Priz 28. His presentation will be his story of the events leading up to, during, and after the rescue. For his leading role in the rescue he was awarded the "Maritime Order of Achievement" by Russian Prime Minister Vladimir Putin. His presentation starts at 1300hrs in the lecture rooms.

Other NOABC Events

Saturday May 3 - Battle of the Atlantic Dinner

The Battle of the Atlantic Dinner will take place in the Wardroom, HMCS Discovery at 1830 for 1930 on May 3. The speaker will be executive member and past president, Robert W. Mackay, an award-winning author, former naval officer, submariner, teacher and lawyer. Born in Surrey, British Columbia, he's lived above and below water in the West and East Coasts of Canada, the Pacific and Atlantic Oceans and North and Mediterranean Seas. Bob will talk about the RCN Submarine Service, which is celebrating its 100th anniversary. Two past presidents, Barney Johnson Sr. and Fred Crickard Sr. served in submarines at the very beginning of this service. The invitation and reservation form can be accessed on the NOABC website: http://www.noabc.com/Home/events-3

Sunday May 4 - Battle of the Atlantic Service

The Battle of the Atlantic Service will take place commencing 1030, Sunday May 3 at Sailors' Point in Waterfront Park, North Vancouver. All members are encouraged to participate. Dress is blazers with medals and beret (rain gear as appropriate). If you are able to take part in the march past, please muster at the Sea Bus Terminal by 1000. There will be seating at Sailors' Point for those not marching - please be seated by 1030. There will be a reception at HMCS Discovery following the service.

Canadian Soldiers Learn Survival In the North

By Samantha Bayard, Canadian Army Public Affairs April 18, 2014.

Resolute Bay, Nunavut — When it comes to survival, practice ensures soldiers are confident in unexpected and potentially dangerous situations. In Yellowknife, while on the second phase of the Arctic Operations Advisor (AOA) course participants took part in an individual ice breaking drill. A planned and controlled immersion in cold water followed by immediate self-recovery and readiness to return to normal tasks in a maximum of 15 minutes, the Canadian Army standard. This is essential safety training when snowmobiling or working on or near ice. "The candidates go into the water and learn what to do after the ice break and they fall into the water. Basically it's going to be 30 seconds, they go out, they undress, they dry off, and get changed. The purpose of that is to show them everything is doable and there is some technique. It's all about learning your environment and how to work in it," said Captain Khelil the Platoon Commander of the Army's Arctic Operations Advisor Course (AOA). He works for the Canadian Army Advanced Warfare Centre (CAAWC) which is the Army's Functional Centre of Excellence for Arctic and Cold Weather Operations.



The drill instils confidence that, despite the momentary vigorousness of the experience, cold water is not immediately dangerous if you have the training and confidence to know what to do.

To protect from the harsh elements, soldiers construct shelters. In a cold weather environment, snow caves or igloos can be built – or ten man tents erected. During the third phase of the AOA course in Resolute Bay, participants did a four day survival

exercise where they built snow caves and igloos; emergency structures used in place of a tent. "To build a snow cave you find a nice river valley where the snow drifts and accumulates and you dig a tunnel into the snow, hollow out a sleeping area. Have a sleeping area higher than your entrance and you can trap cold air down there. It provides very good insulation depending on the depth of the snow," describes Warrant Officer Glenn Whitten, the Arctic and Cold Weather senior hands-on expert, also from CAAWC.

Soldiers use ice and snow saws, carving blades and shovels to build these types of shelters. Igloos can be built in sub-arctic and arctic regions where the snow is dense and hard packed, but to do so requires skill and practice. "Snow blocks are normally about four or five inches thick, so they have less insulation. Igloos are a lot harder to construct. We have Canadian Rangers with our guys helping us build our igloos. But definitely as an emergency shelter, the snow cave is less complicated to construct," said WO Whitten.

The ten-man tent is also an essential piece of the kit used while training for winter conditions. It provides a durable and warm structure for training when the temperatures decrease. The tent is

adaptable to terrains with camouflage additions. Also, in windy conditions, snow walls can be built around the tent for a wind break. With the right tools and training, Canadian soldiers are ready to survive and thrive in the arctic.

Canadians to Commemorate 70th Anniversary of D-Day

Posted on 03 April 2014. Post written by: Matt Ingram



This year will mark the seventieth year since 359 Canadian soldiers lost their lives on the sands of Juno beach. To mark the occasion the Juno Beach Centre is launching the D-Day Tribute campaign to build a wooden marker for each Canadian who died on the beach. The tribute will stand on the sandy grounds of the Juno Beach Centre for the summer, running from June until November and is designed to engage Canadians to connect with the history of the Allied campaign in Normandy. Juno Beach

Centre Executive Director Jenna Zuschlag Misener wanted to create something to help people understand the important contributions made by Canadian soldiers on D-Day. "We wanted to do something to symbolize in a visual way the sacrifices made by Canadians on D-Day...we



really wanted to drive home that Canada paid a big cost on that day and our contribution was just as important as the other allied countries," said Misener.

The Beny sur-Mer Canadian war cemetery near Juno Beach in Normandy was the final resting place for many Canadians who died on D-Day.

The Canadian contingent on D-Day was unique among much of the Allied force because it was made up completely of volunteers. "They

volunteered to serve. There was conscription in some of the other allied countries but the Canadians that landed on D-Day were all volunteers," said Misener. Each marker will be labeled with the name of the fallen soldier, the name of the sponsor, and a QR code that visitors can scan to access information about the soldier who the marker commemorates.

The D-Day Tribute campaign asks Canadians to sponsor each wooden marker for a donation of \$500, but will accept any contribution to support the efforts of the privately-run Juno Beach Centre. The deadline for sponsoring a marker is May 10 but donations to the D-Day Tribute campaign will be accepted all year. The campaign will raise much needed funds for the operation of the Juno Beach Centre. "We are losing our biggest sponsor, WalMart Canada, after ten years of very generous support. In order for us to keep the centre open we need to do

fundraising like this," said Misener. So far, the response from Canadians has been good with a quarter of the markers already sponsored.

There is also support for the project coming from the regimental associations of the soldiers that landed on D-Day. Retired Brigadier-General Ernest Beno is one of many members of Canadian regimental associations who supports the project. He is a 37 year veteran of the regular force Royal Canadian Artillery and believes the plan to create the markers commemorating the fallen is well-deserved. "It is fitting that we pay our respects to the young Canadians that led the way in liberating Europe," said Beno." It'll be a stark reminder and a very moving reminder to every Canadian." The call for support for the D-Day Tribute campaign comes at a time when more Canadians are aware of the history of their military. Despite the passing of many of the veterans of the Second World War, awareness about Canada's role in the conflict is on the rise. "Canadians are much more aware of what these people did and they are more aware of all their



veterans," said Beno. "Canadians are much more aware of what their army does."

LCpl GE Dalzell was one of his Regiment's original volunteers. He died on Juno Beach during D-Day, June 6, 1944.

Many men from the GTA fought and died on Juno Beach, including Toronto resident Lance Corporal George Edward Dalzell. Born in England in 1905, Dalzell emigrated to Canada with his family early in his life. His father Arthur was a civil engineer and his mother Eleanor raised him and his

sister Margaret Elaine. After completing grade 11, Dalzell left school and took a job working for the Royal Bank of Canada as an accountant. He excelled in this position working for 15 years in the RBC head-offices in Toronto, Rodney and Windsor. He had plans to make a name for himself in the dairy and agricultural business after the war. Dalzell enlisted with the Queen's Own Rifles of Canada Sept. 19, 1940 and departed for England the next year on July 19. At the time of the landing in Normandy, Dalzell was working as company clerk of 'A' Company. He landed on the beach as part of the first wave of the assault. He died in the 'Nan sector' of the beach at Bernières-sur-mer. Dalzell was buried in the Beny-sur-Mer Canadian war cemetery, four kilometres from where he fell on Juno beach.

Military Vet Cycling Across Canada

Granting wishes along the way. By Caley Ramsay Global News

EDMONTON – While many retirees plan to spend their golden years relaxing, that's not the case for Art Brochu. The 70-year-old military veteran will be spending his summer cycling across Canada, in hopes of granting children's wishes along the way. Brochu served in the Canadian Forces for over 25 years. While deployed, he saw many children going through a great deal of suffering – something he says still haunts him. "We didn't have the mandate or resources to do anything for them, that wasn't what we were there for, it was somebody else's

job. But it still worked on your mind," he explained. "I always wanted to do something for kids."

Wanting to celebrate his 70th birthday with a bang, Brochu decided a cross-country ride for the Children's Wish Foundation would be fitting. The idea came to him in 2011, while playing in a foundation golf tournament. "I met some of the kids and they found a place in my heart." Brochu has spent the past two and a half years training with Olympic cycling gold medallist Lori-Ann Muenzer, preparing for the 9,285 kilometre journey. "A lot of cycling, a lot of [working] out in the gym," he said. "And over the winter, a lot of spin training because you really can't get out on the highway. "Last September, my business partner's daughter was diagnosed with leukemia. So there wasn't any problem this winter to keep motivated." Brochu's goal is to raise \$10,000 in each province, in hopes of granting wishes for 10 children – one in each province. "It is quite lofty, but leading up to his ride there's been quite a rally of support around him, so we're hopeful that he can make his goal," said Elizabeth Lopresti, associate director of the Alberta and North West Territories chapter of the Children's Wish Foundation.



Lopresti says volunteers like Brochu are imperative for the foundation to be able to do the work it does. "We rely on our own fundraisers and support from the community, so having someone like Art take on a challenge like this is huge for us." Along his journey, Brochu will hold seminars promoting health and wellness in more than 50 communities across Canada.

"We've all got to chip [in] together, work together and look after ourselves and try to help everybody." And Brochu says he's ready to go. He will depart from Port Hardy, B.C. on May 1, riding an average of 122 kilometres per day. He is scheduled to arrive in St. John's, Newfoundland on August 15. "I've never done something like this before," he said. "The motivation is there and what we're doing is something great for Children's Wish and I just don't see, unless maybe weather... I don't really see a downside or a hard part."

For more information on Brochu's journey, or to donate to his mission, visit the Children's Wish Foundation's website.

DRD Canada To Study Effects of Weapons Recoil

April 11, 2014 • Section: Defence Watch Posted by: David Pugliese

Defence Research and Development Canada (DRDC), in collaboration with Canadian industries and with the support of soldiers from the Canadian Army is looking into the effects of weapon recoil on the physical and psychological response of soldiers and their marksmanship

performance. "To shape training and increase survivability of our soldier on the battlefield, it is crucial to better understand perfectly how the soldier's equipment works and how it affects performance," says Dr Guy Vézina, Director General S&T Army at DRDC.

Understanding this "felt recoil" will guide the acquisition of future small arms for the Canadian Armed Forces as well as influence training. Recoil is essentially the rearward action of a weapon when it is fired. Felt recoil refers to how these forces affect the shooter and is influenced by such factors as posture, body size, technique and perception. Although recoil force itself is well known, much less is known about its interaction with the physical and psychological aspects of the soldiers and the weapon's barrel movement. What effect does recoil force have on soldiers' firing accuracy? Some could say none, because the force that is felt occurs after the shot is fired. Others might say that the greater the recoil force of the weapon the more quickly you feel shoulder pain. This may cause you to flinch prior to each shot, or the cumulative effects may cause fatigue or injury which will decrease accuracy or limit the amount of shots that can be fired over the day. Who is right?

The Soldier's S&T Program led by DRDC and the Canadian Army will provide answers to that question with the help of soldiers who participated in trials in the fall of 2013. During these trials, soldiers took turns firing a weapon that acted as a small arms recoil surrogate. The surrogate was a modified 12-gauge Remington 870 shotgun with which tests were performed



using various ammunition velocities, weapon weights, simulating recoil levels similar to inservice weapons. Force and acceleration data as well as high-speed videos of shooters' motion will assist scientists in finding insights.

"The information gleaned from this type of research will help the CAF when it comes time to purchase new weapons by providing important information on which to base our decisions" said LCol Serge Lapointe, Director Land Requirements 5 (DLR-5), Soldier

Systems.

This research is part of many projects whose results will be used to support the DLR in defining the statements of requirement for the Future Small Arms Research (FSAR) Program.

Port Moody Station Museum's WWI Living History Event

"McKnight's Trench"

Event Date: Sunday June 29th 11:00am to July 1st 4:30pm

Location: Port Moody Station Museum, 2734 Murray St, Port Moody, BC

Museum Website: http://portmoodymuseum.org/

Event Organizers: Guy Black (604) 937-7673 korea19501953@yahoo.com and

Museum Manger/Director Jim Millar (604) 939-1648

To commemorate the 100th Anniversary of the start of the First World War Port Moody Station Museum is making history come to life with a unique living display. The unique display is a replica WWI front line trench complete with sandbags, duck boards, dirt and a few brave soldiers wearing khaki Uniforms and it is rumored a local politician has volunteered to take her turn on picket duty. McKnight's Trench, the trench is dedicated to Lieutenant Augustus W. McKnight. McKnight was born in Owen Sound Ontario and was a graduate of the Royal Military College. He travelled to BC, settling down in Port Moody and becoming one of our early town Engineers and our Scout Master.

When the First World War began, McKnight immediately resigned his position with the city and attested with North Vancouver's 6th Field Company Canadian Engineers. Lieutenant McKnight eventually served overseas in France and Flanders with 4th Field Company and was fatally wounded on August 11, 1916 in Belgium. He is buried at Reninghelst New Military Cemetery in Belgium. The living history event will begin on Sunday June 29th 11:00am and it will come to an end on Canada Day after the Museum's July 1st celebration closes at 4:30pm. The trench will be occupied by volunteer soldiers wearing khaki battledress uniforms. This unique and somewhat strange experience will be a true test of will power and endurance with having to live through whatever weather takes place and with much boredom and monotony and without any luxuries of today's life but it is a real and special once in a lifetime way to commemorate the First World War.

Email me at bob.mugford@shaw.ca for more information

Churchill Society Annual Banquet - March 27 2014.

RUSI Vancouver was a co-sponsor of the banquet that acknowledged the 100th anniversary of the start of World War One and featured a presentation by renowned historian Margaret MacMillan, author of "The War That Ended Peace".

RUSI members had a table reserved and greatly enjoyed the dinner and presentation.



Seated L-R: Linda Maxwell, Bernard Rowe, Danielle Dunn, Keith Maxwell, (RUSI 1st Vice-President.)

Standing L-R: Richard Dunn, Annette Rowe, Christine Cathcart, Cameron Cathcart, (RUSI President.)

Who is it? Last Edition.



We only got one reply to this picture. Someone thought that the girl seated on the right side was Ruth Thompson. She does look similar to Ruth but we don't think it is her. Anybody know where Ruth is these days?

This Week's

We continue with our CWAC theme for another week with this photo, found with the one above, so probably of the same early 1950s vintage, and possibly from the same event. The stalwart CWACs are obviously engaged in plotting something, so are possibly part of the 43rd H/MAA or another ack-ack regiment. The officer, a lieutenant, seems to have a ribbon, which could be a CVSM, indicating her wartime service, while the sergeant to her right and the lance-corporal to her left are very well-equipped, audio logically-speaking. The sergeant also sports



ribbons on her front part, left, but the colours cannot be determined in the original print. The CWAC on the left of the photo is improperly dressed, having unbuttoned her tunic. This indicates that the smiling sergeant seen in last week's photo is no longer around.

So, who are these women warriors? Are some the same as those in last week's photo? What information can you supply your museum? By the way, if anyone has a spare set of CWAC collar dogs, we'd like you to donate them so that we can properly dress our "Shoeless Sally" in the museum.

Let us know by sending your answers either to the editor, or to John Redmond (johnd._redmond@telus.net). Thanks for your help.

From the 'Punitentary'

A local bakery burned down last night. Now the business is toast.

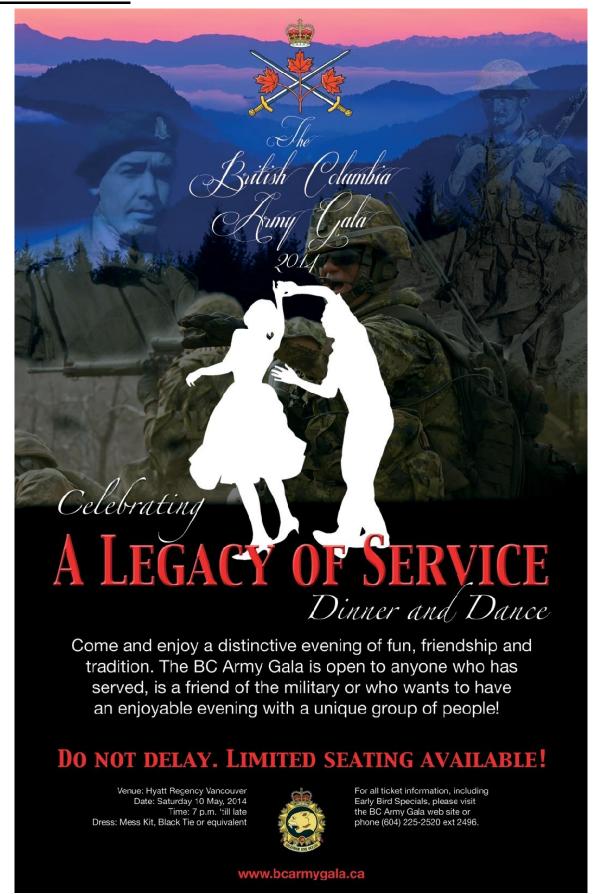
Murphy's other Laws

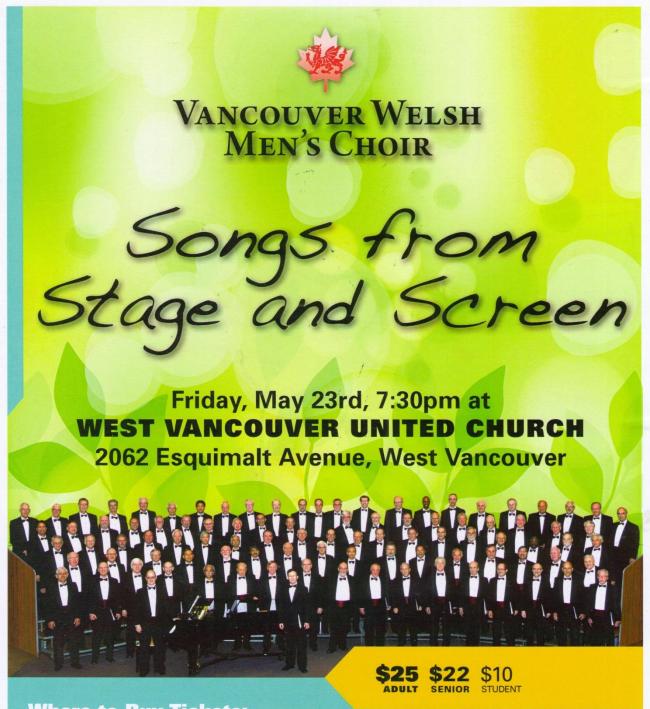
Assumption is the mother of all foul-ups.

Quotable Quotes

When things are perfect, that's when you need to worry most. - Drew Barrymore

BC ARMY GALA





Where to Buy Tickets:

By Phone 604-878-1190 or **Buy Online** (no fees) at vwmc.ca with credit card

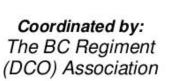
Buy from any Welsh Men's Choir member

Free Tickets for Children under 12 with adult

Memorial Cross Curry Lunch



Hosted by: The British Columbia Regiment Officers' Mess





Date: Thursday, April 24, 2014

Time: 11:45 am - 1:30 pm

(bar opens at 11:45am) (lunch starts at 12:25pm)

Location: Officers' Mess - The BC Regiment

620 Beatty Street, Vancouver, BC

Dress: Business Attire (jacket & tie, ladies similar)

Price: \$30/person (\$5 discount for those that confirm

attendance by April 18, 2014)

RSVP: For more information or to register, please contact

Bill Diamond at Bill@DukeaBear.com or 604.618.3607 (Please advise of any dietary needs with your RSVP)

Payment by cheque or cash will be accepted at the door Cheques are payable to: The BC Regiment (DCO) Association No cancellations after April 18, 2014

NEXT PLANNED LUNCH: Thursday, May 29, 2014